

Key points from chapter 5

- Your relationship with Divine Love is on equal standing
- Loosen up your Love of God!
- To be in Love with Divine Love means having fun
- Mental recitation of God's name helps keep the mind focused on Divine Love
- Recitation of God's name is the diamond (die-mind) of spiritual practices, for it gets rid of all the unimportant thoughts that flood our mind daily, keeping our attention on God
- Developing a relationship with Divine Love is of utmost importance as it serves as the foundation of all other relationships
- The great thing is, when we deeply Love God, we never feel lonely or unloved
- In the bigger scheme of things, soul mates are ones who: annoy us, are 'opposites' to us, drive us, test us, Love us. At a deeper level, everyone in our lives is a soul mate for every person provides us with the opportunity to enhance the development of our soul
- The ABC of our relationships:
 - A = adoration
 - B = blows
 - C = character development

The 'A' stage is the stage of acceptance. The 'B' stage is when the blows occur; it is a natural phase designed to lead us to the character development stage. As far as spiritual progress goes, the 'C' stage is the crucial phase for it presents the opportunity for character development

- 'Ruffles' in our relationships present as opportunities that can move us to change. They are there to help us to learn to problem solve from our higher-consciousness
- Human relationships help us come to know Divine Love